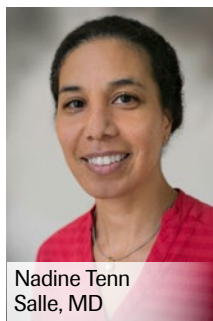


Emmalani Inspires

QUEEN EMMA was an amazing woman who continues to inspire us today. In the past few issues of The Queen's Print Connection, we have shared some of Emma's history. Today, the words of two of Queen's Trustees resonate, demonstrating the enduring power of Queen Emma's influence.

"Who was the woman who was born today, and how does her story relate to us?" asked Nadine Tenn Salle, MD, QHS Trustee and 2017 Community Based Physician of the Year, as she spoke at Queen Emma's recent birthday commemoration. She touched on the familiar facts of Emma's life: that she was raised by a British physician father and a Hawaiian ali'i mother, with very diverse viewpoints and aspirations about her upbringing. Emma grew up as a woman of her times, immersed in both cultures.



Nadine Tenn Salle, MD

"Queen Emma persevered [through the loss of her son and husband] and fostered ideas that would serve the people of her time and future generations. She embodied the concepts of love, aloha, respect, and excellence. The things she was able to achieve while navigating everyday life in the 1800s are not very different from what we attempt now," Dr. Salle said thoughtfully.

"I think she would be astonished and amazed at how we took her concept [for health care] and combined it with our tools and made something great.... All of us gathered here are the greatest resource Queen's has, by what we each



bring to the mission," Dr. Salle reminded, then challenged: "If we don't follow her lead, it fades. That spark can fade in an instant, or it can be brilliant."

Maenette Benham, QHS Trustee and Chancellor, UH-West O'ahu, spoke next. "The Queen's birthday is an opportunity for us to delve deeper into the life lessons of our Queen to better understand how she lived," Maenette began. "Today, I return to prose and poetry, using the book He Lei no 'Emalani, Chants for Queen Emma Kaleleonalani."

The book was written by Mary Kawena Pukui, Theodore Kelsey, and M. Puakea Nogelmeir, and published in 2001 by The Queen Emma Foundation and Bishop Museum Press. It is a volume of 204 traditional Hawaiian chants focusing on Queen Emma collected over almost two centuries. The chants cover a period of about 30 years, beginning with her marriage to King Kamehameha IV in 1856.



Maenette Benham

"I'm so inspired by her love of her people and the grace of her leadership," Maenette explained. "At the core of it all is humility grounded in expertise and com-



Queen Emma, circa 1863, after the deaths of Prince Albert and King Kamehameha IV. In the photo, her son is represented by the silver christening cup, sent by Queen Victoria but arriving after his death, and her husband by a painting in the background.

mitment to act with complete intentionality...also much mo'olelo [stories] that speak to the power of vision, the power of forward momentum."

Maenette cited a mele on Emma's journey up the slopes of Mauna Kea (see story, page 2): "Along that treacherous path the royal one offered encouragement...Boundless are the deeds of Emmalani! In the end, these verses inspire us to fall in love with what we do, to live our passion, to be of service," Maenette said. "There are many insightful lessons of leadership that emerge, and I encourage you to learn more about Queen Emma. It is in the reading of such that we become connected to our passion and inspired to live a principled life today."

View Dr. Nadine Tenn Salle's and Maenette Benham's presentations on the Queen's Intranet at eww.queens.org/PatientExperience/index.html.

Emma's Expedition



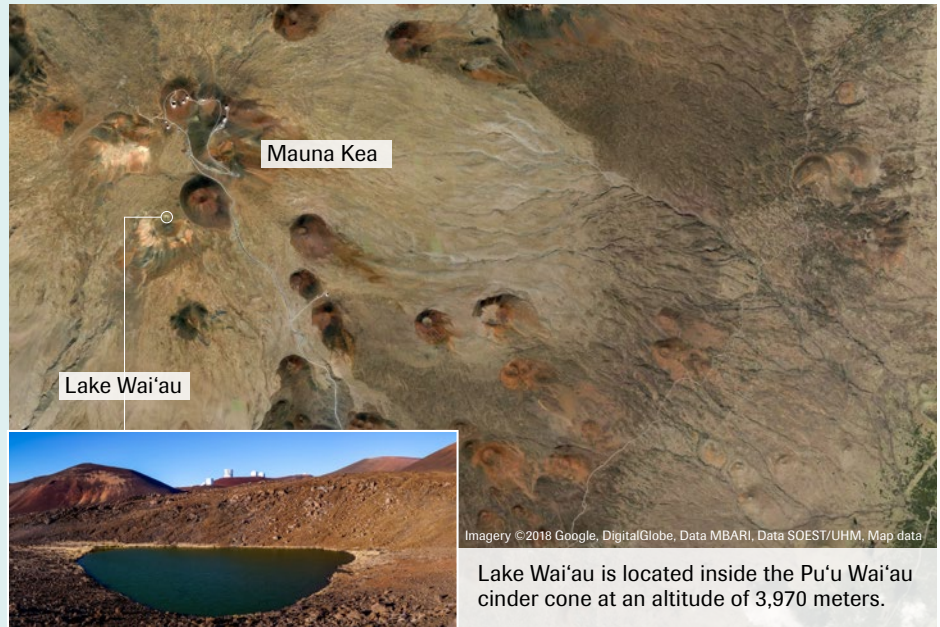
Emma, c.1881

AFTER KING Kamehameha IV's death in 1863, Emma Kaleleonani became the dowager queen. Though much beloved by her people, she later lost a contentious election to the throne to David Kalākaua in 1881.

It was a bitter defeat and Emma sought restoration on the slopes of Mauna Kea and in the waters of Lake Wai'au near its peak, as her ancestors before her had done for generations.

This expedition is chronicled in many mele maka'ika'i, or travel chants. (An unprecedented full collection of Queen Emma chants can be found in the book *He Lei no 'Emalani*.)

Emma was an avid outdoorswoman



Imagery © 2018 Google, DigitalGlobe, Data MBARI, Data SOEST/UHM. Map data

Lake Wai'au is located inside the Pu'u Wai'au cinder cone at an altitude of 3,970 meters.

who seized every opportunity to challenge herself. This adventurous spirit earned her the name Ke Ali'i Pi'i Kuahiwi, the mountain climbing chiefess. Although she traveled with a large entourage, Emma was no spoiled royal. She rode on horseback, but also trekked on foot. There were no paved roads where Emma chose to traverse.

One chant describes the journey: "The Royal One was at Maunakea / To see the

lake, Wai'au / That amazing body of water / At the very peak of the mountain / The Royal One turned to come back / Along that unwieldy path... a narrow, treacherous trail." A true leader, Emma called out her encouragement to her fellow hikers, urging them to, "Be lively, all of you. It will be a very long descent..." Queen Emma's arduous climb personifies her determination and unflinching spirit.

Town Hall 2018

QHS/QMC President Art Ushijima invites physicians, managers, and staff to Town Hall sessions give an on QHS or-

ganizational performance and re-affirm delivery of high quality care. Attendance and participation is encouraged, as the sessions are intended to provide Art with an opportunity to interact with you,

hear your concerns, and to provide you with insights on the issues we face as an organization. Town halls at DLS and CRH will be scheduled as soon as suitable dates are found.

DATE	TIME	ENTITY	PARTICIPANTS	LOCATION
Thurs., Feb. 1	7:00 – 8:00 am	QMC–PB	Physicians	Kamehameha Auditorium
Tues., Feb. 6	8:00 – 9:00 am	QMC–PB, QEL, QDC, QCIPN, QHS	Managers & Employees	Kamehameha Auditorium
Thurs., Feb. 8	5:00 – 6:00 pm	QMC–PB	Physicians	Kamehameha Auditorium
Tues., Feb. 13	7:00 – 8:00 am	QMC–PB, QEL, QDC, QCIPN, QHS	Managers & Employees	Kamehameha Auditorium
Thurs., Feb. 15	10:00 – 11:00 am	QMC–PB, QEL, QDC, QCIPN, QHS	Managers & Employees	Kamehameha Auditorium
Thurs., Feb. 22	4:00 – 5:00 pm	QMC–PB, QEL, QDC, QCIPN, QHS	Managers & Employees	Kamehameha Auditorium
Fri., Feb. 23	9:30 – 10:30 am	NHCH	ALL	Café – Conference Room
Mon., Feb. 26	3:00 – 4:00 pm	QMC–PB, QEL, QDC, QCIPN, QHS	Managers & Employees	Kamehameha Auditorium
Fri., Mar. 2	Noon – 1:00 pm	QMC–WO	ALL	QMC–WO Chapel
TBD	TBD	MGH	ALL	MGH

Mimi Harris a Leader in Action

SHE KNEW DUANE personally, so it was particularly special for Mimi Harris when she was notified that she was the recipient of the 2017 Duane D. Walker Award. Mimi was honored at the 2017 Leadership in Action conference, which is jointly held by the American Organization of Nurse Executives Hawai'i (AONE), the American College of Health Care Executives Hawai'i-Pacific Chapter (ACHE), and the Hawai'i State Center for Nursing. The late Duane Walker was a visionary nurse leader who served as vice president of patient care and chief nursing officer at The Queen's Medical Center in the 1990s. He was behind many innovations and projects that enhanced the nursing profession and improved patient care. Highly respected in the health care community, Duane took pleasure in other people's joy and achievement.

Mimi Harris, RN, MS, NEA-BC, was selected for the award for her leadership and contributions to Hawai'i's nursing community. Sponsored by the Hawai'i chapter of American Organization of Nurse Executives (AONE), the Duane D. Walker Award was given to Mimi at the Leadership in Action conference late last year.

Serving Queen's and the community for over 40 years, Mimi has held nursing roles from staff nurse to manager, APRN, director, and now fills Duane Walker's shoes as chief nursing officer, as well as vice president of Cardiovascular Services. Her nomination stated that "She is a living example of professional nursing advance-



ment as the first clinical ladder nurse at The Queen's Medical Center. Since then, she has promoted continual learning and professional development and led ways QMC can help remove barriers from nursing advancement.

Mimi sees nurses as leaders at the bedside and a solution to resolving complex health care issues. Consequently, she includes bedside nurses in discussions at administrative meetings and in interdisciplinary committees, ensuring excellence through nursing presence and perspectives.

Ethical, caring, and respectful, Mimi is a role model for many, mentoring everyone around her either formally or informally. She is a skillful change leader who challenges viewpoints and steers groups toward finding common ground and focusing on what is best for the patient. Mimi advocates for a healthy work environment that empowers staff to be creative, innova-



Duane D. Walker Leadership Award

Criteria

- Demonstrates leadership in the advancement of nursing as a profession over a span of years
- Fosters interprofessional collaboration that supports nursing practice
- Serves as a positive role model for the nursing profession
- Impacts the practice of nursing through active participation at state and national levels

tive, and engaged in finding solutions.

Mimi fosters the nursing profession at both state and national levels, both by direct involvement and using her network to help nurses excel in what they do. She also fosters and develops other leaders so that everyone can participate at state and national levels, and encourages all nurses around her so the workforce is committed to serving not only our patients at the four Queen's hospitals, but also in our community and our world.





“THE PSYCHOLOGY OF EATING: Keys to Successful Weight Management,” a free Speaking of Health community lecture, will be held on Wednesday, January 31, from 5:30 - 7:00 pm at the Queen’s Conference Center Auditorium. When it comes to managing or losing weight, it’s not just about food. Your thoughts, beliefs, and emotions can influence eating behaviors and impact long-term success. Ronnie Sato, PsyD, and Connice Wang, RD, from the Queen’s Comprehensive Weight Management Program will discuss physical versus mental hunger, strategies for mindful eating, tips for sustainable behavior changes, and more. Register at www.queensmedicalcenter.org/health-lectures or call 691-7117.

NORTH HAWAI’I Community Hospital and the QHS Native Hawaiian Health program is hosting a weekly one-hour walk on Saturdays at 8:00 am at Pukalani Stables. Natalie Kehau Kong, MD, will offer a brief talk on current health issues facing Native Hawaiians and others in our community. The walking program is part of the worldwide Walk-With-A-Doc program to encourage physical activity among people of all ages. Walk-With-A-Doc has over 300 chapters worldwide including three in Hawai’i. Email Liana Honda at lihonda@queens.org for details.

HOW WELL DO YOU know your QHS Compliance Program? Be on the lookout for a short, anonymous survey that’ll launch on February 1, 2018. Your feedback will help make program improvements to support your compliance needs.

THERE IS STILL TIME to sign up for the Great Aloha Run. Score yourself an exclusive QHS Great Aloha Run T-shirt by signing up under the Queen’s Team Presidents’ 100 Club by using club code 53 at registration. Regular registration deadline is Friday, January 26. Register online at www.greataloharun.com. Queen’s Team participants can pick up the shirts for themselves and others February 12 - 16, from 11:00 am - 1:00 pm, at Harkness

Café Kiosk at Queen’s - Punchbowl. Sizes are based on what was listed on the GAR entry forms and cannot be changed. Queen’s - West O’ahu will be distributing shirts at West. Email the names of everyone you are picking up shirts for to Andrea Wilburn at awilburn@queens.org by Wednesday, February 7, for pick-ups February 12 - 16. For all other locations, email lsekiya@queens.org to coordinate pick up or delivery.

THE ANNUAL SUPPLEMENT on Safety online training is now available at eww.queens.org/sos2017/. A goal of 90% completion by January 31 has been set. Employees without convenient computer access may also do the training manually. Ask your manager for details.

A WELLNESS LUNCH & LEARN session, “Keep it Moving with Exercise,” will be held at the Laniakea YWCA on Tuesday, February 13, from 11:30 am - 1:00 pm. Join QMC - West Oahu internist Beata Summer-Branson, MD, as she discusses the benefits of physical activity as part of a regular routine. Learn how much and what type of exercise is suggested for different age groups; how your exercise routine may change after an injury, surgery, or while traveling; tips to determine exercise options. Admission (includes lunch) is \$18 for YWCA members; \$25 for non-members; or \$300 as a table sponsor with seating for 10. Register at www.ywcaoahu.org/upcoming-events/exerciseandbeactiveyourway.

A DEMENTIA LECTURE regarding gene dementia information provided by Queen’s Geriatrics will be held at Molokai General Hospital on Monday, January 22, from 12:00 - 1:00 pm in the MGH conference room. Call 553-3171.

WEIGHT MANAGEMENT OPTIONS, both surgical and non-surgical, will be discussed at free presentations by the Queen’s Comprehensive Weight Management Program. The Queen’s Health Care Centers - Kona will hold a presentation on Saturday, January 27, from 2:00 - 3:00 pm. To register, call 691-7546 or visit www.queensmedicalcenter.org/weightloss. A video conference session will be conducted in the Molokai General Hospital conference room on Wednesday, January 24, from 5:00 7:00

pm. Call 553-3189. A Honolulu session will be held on Wednesday, January 24 from 5:00 - 7:00 pm at the Queen’s Conference Center, room 200. Call 691-7546 or register online at www.queensmedicalcenter.org/weightloss.

TAI CHI: Moving for Better Balance, will begin a new session on Wednesday, January 24. The class is taught by Jerry Punzal and meets weekly through February 1, from 6:00 - 7:00 pm in the Women’s Health Center classroom at QMC - Punchbowl. The fee for six sessions is \$66. Register online at www.queens.or or call 691-7117.

NOMINATE A COWORKER for Employee of the Month at Punchbowl or Employee of the Quarter at North Hawai’i Community Hospital or Molokai General Hospital. Regular full-time or part-time non-management, non-bargaining and bargaining employees who have been employed for at least one year are eligible. Contact your Human Resources department for details.



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The Queen’s Health Systems consists of The Queen’s Medical Center, The Queen’s Medical Center - West O’ahu, The Queen’s Health Care Centers, Queen Emma Land Company, Queen’s Development Corporation, Queen’s Insurance Exchange, Inc., Molokai General Hospital and North Hawai’i Community Hospital, and has ownership interests in CareResource Hawai’i, Hamamatsu/Queen’s PET Imaging Center, and Diagnostic Laboratory Services, Inc.

